

Suggest-a-site

You may wish to visit these Web sites for more information about diabetes, tips on living with diabetes, and meal planning suggestions.

WEB SITES AND APPLICATIONS FROM SANOFI-AVENTIS:

- Go Meals™** is an iPhone/iPad/iPod application that makes it easy to plan meals, count carbohydrates, find restaurants, and keep track of your food intake. Includes a database of 25,000 common food items and over 20,000 restaurant menu items.
www.gomeals.com
- WhyInsulin.com** is a Web site for people with type 2 diabetes who have questions about controlling their blood sugar. The site includes personal stories from patients who have chosen to add insulin to their treatment plan.
www.whyinsulin.com
- Los Sánchez Unidos**, available in both Spanish and English, introduces visitors to the Sánchez family as they face extraordinary decisions and work to fight diabetes together.
www.lossanchezunidos.com
- S.T.A.N.D.** or Start Taking Action Now for Diabetes, is a national social marketing program designed to start a “movement” among patients and their friends to “take a stand” and work to take control of their blood sugar levels now.
www.standforddiabetes.org
- CDE HELP Team** offers FREE education sessions that patients and their healthcare provider and team can access for diabetes support. Sessions are taught by Certified Diabetes Educators (CDEs) and cover a range of topics including diabetes basics, meal planning, managing blood sugar, and device training including pens or vial and syringe.
www.cdehelpteam.com

GENERAL DIABETES WEB SITES:

- American Diabetes Association**
The American Diabetes Association was formed to help support patients with diabetes. The Web site includes information about food, fitness, and community events.
www.diabetes.org
- American Association of Diabetes Educators**
This association of healthcare professionals is dedicated to successful self-management in the care of people with diabetes and related conditions. Information focuses on self-care behaviors and can help in locating a diabetes educator.
www.diabeteseducator.org
- American Dietetic Association**
The ADA is committed to improving health through research, education, and advocacy. The Web site includes information on food and nutrition.
www.eatright.org

GENERAL DIABETES WEB SITES (Cont'd):

American Association of Clinical Endocrinologists

The AACE is a medical professional community of clinical endocrinologists. Public resources on their Web site include Find an Endocrinologist (a physician locator) and My Endocrine Disorder (a list of online resources sorted by condition).

www.aace.com

dLife. For Your Diabetes Life

The Web site offers information and community support for caregivers and patients with diabetes. It also includes information about nutritional content of food and healthy recipes.

www.dlife.com

Joslin Diabetes Center

The Web site includes news and information about clinical studies, tips on living with diabetes, and an online bookstore.

www.joslin.org

National Diabetes Information Clearinghouse

A service of the National Institute of Diabetes and Digestive and Kidney Diseases, this Web site contains an A to Z list of topics about diabetes, and many easy-to-read publications in both English and Spanish.

www.diabetes.niddk.nih.gov